

1st Sunday of Lent
1er Domingo de Cuaresma

March 1, 2020
1 de marzo de 2020

Iglesia Católica de
St. Andrew San Andrés
Catholic Church



All parishioners are invited to read *On Care for Our Common Home Laudato Si'*, Pope Francis' encyclical letter. We'll have discussion groups in the Community Center from 11 to 12:15 on March 1st (chapters 1-2), 15th (chapters 3-4), and 29th (chapters 5-6). The Ecojustice team is leading this event and we invite you to participate and take action for Lent rather than or in addition to giving something up.

Childcare will be provided in the Oscar Romero Room We'll be showing "The Lorax" movie. Juice and snacks will be provided. **Please, register after Mass for childcare.**

St. Andrew Welcoming Statement

St. Andrew is a faith community baptized into one body, which honors and celebrates diversity. We welcome and include persons of every color, language, ethnicity, origin, ability, sexual orientation, gender expression, marital status, and life situation.

Parish Mission

St. Andrew Parish recognizes that, as Jesus Christ was sent by God to "bring the good news to the poor, to proclaim liberty to captives, and to the blind new sight, to set the downtrodden free, to proclaim the Lord's year of favor," (Luke 4:18)so it is the mission of St. Andrew Parish to be a visible presence of Christ in our culturally and racially diverse neighborhood, rooted in the Gospel and nurtured by liturgy, prayer, and the community of faith. As such we commit ourselves to work with the poor, the powerless, and the oppressed for the liberation of all; to seek justice, compassion, and peace in our lives, community, and world; and to proclaim and celebrate God's unconditional love for all.

Declaración de bienvenida

La Parroquia de San Andrés es una comunidad bautizada en un cuerpo, que honra y celebra la diversidad. Acogemos a las personas de todos colores, lenguas, razas, orígenes, habilidades, orientación sexual, estado civil y estilos de vida.

Misión Parroquial

La Parroquia de San Andrés reconoce que, así como Jesús fue enviado por Dios "para traer la Buena Nueva a los pobres, para anunciar libertad a los cautivos, y a los ciegos nueva luz. Poner en libertad a los oprimidos y proclamar el año de gracia del Señor," (San Lucas 4:18) ...También es la misión de la Parroquia de San Andrés, el ser presencia visible de Cristo en nuestra comunidad con diversidad de razas y culturas, enraizada en el Evangelio y alimentada por la liturgia, la oración, y la comunidad de fe. Como iglesia, nos comprometemos a trabajar con los pobres, los desamparados y oprimidos, por la liberación de todos; para buscar justicia, compasión, paz en nuestras vidas, en la comunidad y en el mundo entero, y para proclamar y celebrar el amor incondicional de Dios para todos.

March 1, 2020

Today's Liturgy

Life can easily spin us out of control. While there are so many wonderful opportunities before us, we can also get easily distracted and exhausted. There is always something to do, respond to, or check. The clutter of our lives can take us off course, and the best remedy for getting back on track is the experience of the desert. Here we can face our demons square on, resist them, and get back on course. We desperately need the season of Lent. This simple time of year forces us into greater awareness and grounds us in what is good and true.

What weighs you down and keeps you trapped? Maybe you are trying to do too much and please too many people. It could be that your fragile self-image is always pushing you to prove yourself and find success. Anxiety and worry, ultimately due to a lack of faith, can quickly tempt you with despair. It could be that you are listening to too many voices and allowing all of the negativity that is present erode the genuine goodness in your heart and in all of God's creation. Or maybe you struggle too much with fear. Perhaps so much so that you are far too preoccupied with your own agenda and goals and left with little psychological or spiritual room to consider and respond to the plight of your neighbor. Do anger, bitterness, stubbornness, and hatred have homes in your heart? How about greed, gluttony, pride, apathy, or lust?

For many, their passions and what can be found on the internet are their downfall, and they are robbed of their inner life and freedom. What is it, specifically, that tempts you away from a childlike trust in God? Define this and use the next few weeks to allow God to chart you a course away from them. Silence, being alone, grace, honesty, struggle, tears, and dryness are all found in the desert. You will also find God and your true self in this holy place. Ready to go? ©LP

Liturgia de hoy

Hoy es el Primer Domingo de Cuaresma. Cuaresma significa cuarenta días y es el tiempo donde se prepara la fiesta más importante del año, "La Pascua". La Cuaresma nos recuerda el periodo de preparación para un verdadero encuentro con Dios. La Cuaresma nos invita al arrepentimiento y a la conversión. Es un tiempo sagrado para orar, dar limosna y ayunar. La Cuaresma dio inicio el 26 de febrero y termina hasta el Jueves Santo, antes de la Misa de la Cena del Señor. La Oración colectiva nos ayuda a ver con claridad el propósito de la Cuaresma: "Concédenos, Dios todopoderoso, que, por las prácticas anuales del sacramento cuaresmal, progreseemos en el conocimiento del misterio de Cristo y traduzcamos su efecto en una conducta irreprochable."

Santos y perfectos, nos recomendaba el Señor Jesús el domingo pasado. ¿Lo recuerdan? Pues, ahora es el tiempo de practicar constantemente el vencer a las tentaciones que se presentan en el vivir cotidiano. La tentación es una gran oportunidad para vencer el mal y persistir siempre en hacer el bien. El desierto es el lugar preferido de Jesús para fortalecerse en el Espíritu del Padre. ¿A qué desierto entraremos? ¿Qué descubriremos en él? ¿A quién encontraremos? Ahora es la oportunidad de retirar el mal que hay en nuestra vida con las mismas palabras con que Jesús al final de este Evangelio rechaza al demonio, "Aléjate, Satanás, porque dice la escritura: Adorarás al Señor tu Dios, y a Él sólo servirás." (Mateo 4:10). Con Jesús, vayamos al desierto y preparémonos para las pruebas. ¡Señor que tu misericordia nos acompañe en esta Cuaresma que comienza! ©LPI

Today's Reading / La lectura de hoy

Genesis 2:7-9; 3:1-7

Psalms 51:3-4, 5-6, 12-13, 17

R: Be merciful O Lord, for we have sinned.

Romans 5:12-19

Matthew 4:1-11

Hunger in Our World

When Jesus fed the 5,000, he said, "Give them some food yourselves." Reflect on the challenge of global hunger. How can you contribute to support the hungry in your community? Visit crsricebowl.org for more.

Continuing Conversion

The candidates who have been baptized and are preparing to complete their initiation with the sacraments of Confirmation and/or Eucharist also celebrate a rite at this stage of their faith journey. They may also be sent to the bishop for a rite named the Call to Continuing Conversion. It is preferable that this be separate from the Rite of Election, but a combined rite is available at pastoral discretion.

Fasting before Communion

Some of us are old enough to remember fasting from midnight in order to receive Holy Communion at morning Mass. It got more complicated when Christmas Mass at Midnight was introduced, so a three hour fast was instituted for evening Masses. Finally, because the church leaders felt it was so important for everyone to receive Holy Communion, the current rule of fast before communion was introduced to facilitate this. At this time it is necessary to fast for only one hour before receiving Holy Communion. So much easier than in years past.

Vacation Bible Camp Volunteers Needed

Vacation Bible Camp has been an integral part of the St. Andrew community for 11 years. It is a week of art, music, spiritual exploration and community building. This program serves youth ages 3-7. We are looking for a core group of volunteers to help with camp and to shape goals and theme for this upcoming summer. If you are interested in volunteering or have questions about the camp please call April Sandoval at 503.3583563 or asandoval@archd-pdx.org.

Los Clases de ingles de St. Andres/ English Classes

Los clases de ingles de San Andres ahora estan en escuela primaria Dr. Martin Luther King lunes y miercoles de 6-7:30pm, 4906 NE 6th Ave, Portland, OR 97211 salon #120. Miembros de la comunidad de San Andres estan parte de los maestros y alumnos. Todos niveles, idiomas, y familiares - incluso los ninos - estan bienvenidos. Para mas informacion: iconnelly1@pps.net, 207-317-3318 habla espanol.

The St Andrew English classes are now at Dr. Martin Luther King School on Mondays and Wednesdays from 6-7:30 pm, at 4906 NE 6th Ave, Portland, OR 97211, Room #120. St Andrews parishioners are among the teachers and learners. All levels, all languages, and all family members, including children, are welcome! For more information: Ian: iconnelly1@pps.net, 207-317-3318.

Society of St. Vincent de Paul / St. Andrew

Emergency Services Statistics for January, 2020

177 families (596 individuals) received food from Emergency Services: 15,219 lbs. of food. We partnered with 11 families to help with utility bills (\$1092.91) and with 13 families to help with rent (\$4880). Our Latino celebration for Reyes was \$4308.14. Total assistance this month: \$10,281.05. 70 volunteers worked a total of 310 hours in January.

Many thanks to all our wonderful volunteers who made the above possible for our community!

All donations to the St. Andrew Conference of St. Vincent de Paul support those in need in our community. Please write checks to St. Vincent de Paul/St. Andrew to ensure your donation goes to emergency services of our parish.

University of Portland (Free Events)

Reading the Bible Disruptively for Gender Justice in an Authoritarian Age

Wednesday, March 18 7:15pm Bauccio Commons
Susanne Scholz, Professor of Old Testament at Southern Methodist University, asks whether gendered Bible readings constitute viable intellectual alternatives to transform contemporary structures of domination. Co-sponsored by Garaventa Center, CAS, Catholic Studies, & Theology

Concert with Bernadette Farrell

Saturday, March 21 at 7pm Chapel of Christ the Teacher
Renowned liturgical musician Bernadette Farrell offers a social justice themed concert of her songs for worship, including beloved favorites such as "Christ, Be Our Light." Co-sponsored by the Garaventa Center, Campus Ministry, and International Education, Diversity & Inclusion.

St. Andrew Senior Ministry

12 Ways to LOVE your Brain:

Some factors affecting our health are out of our control, but there are many healthy habits that we can adopt to support lifelong brain health and function. Learn more about the best ways to LOVE your brain in this fun and interactive class. Get tips from the latest research on brain-healthy nutrition, cognitive activities, the importance of social engagement, and get information for resources in the community. Lead by Washington County Behavioral Health Specialist for Older Adults Kera Magarill, MA.

Monday, March 16th

Presentation begins at 11:00

Lunch (provided - PLEASE RSVP) at 12:00

Brain strengthening games/activities at 1:00

Please RSVP by Weds. March 11th to:
seniorministry@standrewchurch.com

Use Spirituality to Enliven your Ally Skills for Talking about Race

Do you struggle as a white person, to have honest and productive conversations about race with white friends, relatives, neighbors and community members?

In August, Dr. David Campt, a dialogue teacher who founded the Ally Conversation Toolkit, and St. Andrew member Angela Kremer taught a workshop to help white racial justice allies have more effective encounters with racism skeptics and Angela is now offering to facilitate follow up sessions. Racism skeptics are people who don't think racism is real or still an issue and many white people know family members or others who fit this and St. Andrew members share a commitment to use their voice and listening for healing. Learn concrete skills for using your own racial background as a tool to advance racial equity over the next three months on Sundays 11 to 1 PM at St Andrews. Four 2 hour follow up sessions. Feb. 16th, March 8th and 29th and April 19th. (Workbook \$30 and sliding scale fee \$20 - \$80 for series) Register: angelahkremer@gmail.com or 503-890-3071. No one will be turned away for lack of funds. Practice partners will be used to build St Andrew racial justice ally community.

For more info about Dr. David Campt <https://www.whiteallytoolkit.com/>
St. Andrew organizer Angela Kremer @ (503)-890-3071 or angelahkremer@gmail.com.

Birthdays this Week

Today: Grace Cooper, Joe Condon, Feliciano Mendoza Mejia, Rosa Elena Ake, Federico Ramirez, Sara Short, David Rodriguez, Oscar Interiain and Sara Gallizio.

This Week: Eva Lopez, Ruth Marciano, Gabriela Avila, Ray Terrill, Jesus Pulido, Jr., Bill Langenes, Daisy Gibson, Eddie Murphy, Enichycaraty Barrera, Ashley Guzman, Anthony Rosas, Kelly McCollum, Ceara Carder, Caitlyn Weisensee, Luis Sanchez, Liam Allen, Jeremy and Salazar-Ortega.



Ministerio Hispano

Bautizos: Preparación pre-bautismal es cada segundo martes de mes a las 7pm. Y los bautizos son cada último domingo del mes (excepto durante cuaresma y navidad). Llame a Diana al 503-281-4429 ext 0 para registrarse.

Quinceañeras: Se realizan cada tercer sábado del mes. Tienen que ser miembros de la parroquia y tener la primera comunión hecha. Llame a Diana al 503-281-4429 ext. 7 para registrarse y confirmar la fecha.

Bodas: Comunicarse directamente con Padre David al 503-281-4429 ext 1.

Primera Comunión: Habrá registraciones durante los domingos del mes de septiembre. Las clases inician en el mes de octubre durante los domingos a la hora de la misa 12:30 pm. Tiene que ser miembro registrado de San Andrés para poder registrar a sus hijos.

Liturgy Insights

LENT: The word Lent means springtime. This word comes from the same root as lengthen. Daytime lengthens during Lent. The northern hemisphere turns toward the sun, the source of life, and winter turns into spring. In Hebrew, the word for repentance is the same as the word that means to turn, like the turning of the earth to the sun, like the turning of the soil before planting.

“Even now, says the Lord, turn to me.” (Joel 2:12) The word sin means separation. We are called to turn from our separate selves, from our sin, to come together in community. Self-denial is the way we express our repentance. In the lengthening brightness from Ash Wednesday until Holy Thursday afternoon, our holy Lent, we turn to God as our source of life.

Self-denial is threefold, advises Matthew’s gospel. We pray: “Go to your room, close your door, and pray to your Father in private.” We fast: “No one must see you are fasting but your Father.” We give alms: “Keep your deeds of mercy secret, and your Father who sees in secret will repay you.” Through the Lenten exercise of prayer, fasting and almsgiving, we spring-clean our lives, sharpen our senses, put tomorrow in its place and treasure the day at hand.

Why are there forty days in Lent? It took forty days for sinfulness to drown in the flood before a new creation could inherit the earth. It took forty years for the generation of slaves to die before the freeborn could enter the Promised Land. For forty days Moses and Elijah and Jesus fasted and prayed to prepare themselves for a life’s work.

At the beginning of Lent the bishop calls out the names of the catechumens who seek to be baptized at Easter. Their names are written in the book of the elect, the chosen. God has chosen them, and they have chosen to turn to God. Lent is the forty days before the baptism of the catechumens. The already baptized can share the excitement and the struggles of the elect and rediscover the meaning of baptism in their own lives. During the forty days, both catechumens and the faithful journey together to the holy font.

We keep Lent together. We put aside our business-as-usual to support each other in prayer, fasting and almsgiving. We turn to God to enlighten us and purify us throughout the lengthening brightness of our holy season of Lent. “For now is the acceptable time! Now is the day of salvation!”

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Simone Weil Catholic Worker House

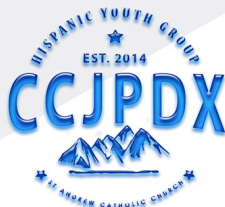
Ongoing needs:

- Funds are needed to help provide housing and services on a monthly basis.
- Donate through GooglePay at SimoneWeilHouse@gmail.com
- trac phone for guest use
- used lap top computer for current guests use
- common food items such as coffee, eggs, peanut butter, olive oil, milk and alternative milks

Hispanic Youth Group CCJPDX



Todos los viernes 7:00 PM
Alex Bautista
503.314.4844



facebook.com/ccjpdx
instagram.com/ccjpdx

St. Andrew Catholic Church

806 NE Alberta Street Portland, OR 97211 503-281-4429 Fax 503-281-4411 www.standrewchurch.com

MASS SCHEDULE

Sunday Eucharist: 9:30 am (English), 12:30 pm (Spanish)
Weekday Eucharist: 9:00 am (Tuesday-Friday)
Reconciliation: 4:30- 5:00 pm Saturday
Mayan Community Mass in Spanish and Kanhoval
First Saturday of each month, 5:30 pm bilingual

STAFF 503-281-4429

Pastor	Fr. Dave Zegar, ext.1 dzegar@standrewchurch.com
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Youth Ministry	Jessica Chapman, ext. 8 jchapman@standrewchurch.com
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Emergency Services	971-244-0339

MINISTRIES & PROGRAMS

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E-mail Prayers	Louise Kasper 503.280.2690 lgkasper@gmail.com
Emergency Services	Rob Stewart emergencyservices@standrewchurch.com
Welcoming LGBTQ Ministry	Joseph Finnigan F.Joseph.Finnigan@gmail.com
Gospel Choir	Edna Hicks 503.287.2360
Hospitality	Elizabeth Weber 503.493.9271
Infant Baptism	Molly Hiro, 503.289.2419 mhhiro@gmail.com

St. Andrew Legal Clinic 503.281.1500
St. Andrew Nativity School 503.335.9600
One Spirit-One Call OSOC.portland@gmail.com

SERVICIOS

La Misa Domingo: 9:30 am (Inglés), 12:30 pm (Español)
La Misa Diaria: 9:00 am (martes-viernes)
Confesiones: 4:30- 5:00 pm los sábados
Primer Sábado del mes, misa bilingue Maya Kanhoval y Español a las 5:30 pm

LOS MINISTERIOS

Hispanic Ministry	Diana Ruiz 503.281.4429, ext. 7 hispanic@standrewchurch.com
Diacono	Ramón Jacob 503.288.5913
Diacono y Ministerio Maya	Romeo Jimenez 971.221.6298 romeojimenez225@yahoo.com
Grupo de Jovenes	Alejandro Bautista alexbautista001@gmail.com
Lectores	Paul Riek 503-926-4854
Bautizos	Diana Ruiz 503-281-4429, ext. 7
Promotores de Salud	Cesar Geronimo cgeronimoc@gmail.com
Catequesis	Martina Murray 503.922-1602 Isabel Camacho 503.737.5192

COUNCIL & COMMITTEE CHAIRS

Administrative Council	John Kelly 503.528.8221 john.kelly.pdx@gmail.com
Auction Donations	Barbara Joy (775) 762-2569
Building & Maintenance	Jerry Lindsay 503.757.6644
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Liturgy Commission	Michael Prendergast, ext. 2 mprendergast@archdpdx.org
MACG Core Team	Jane Casey and Jeff Gosda CoreteamMACG@gmail.com
Pastoral Council	Mary Frances Bowers & Jane Salisbury standrewpcpdx@gmail.com
St. Vincent de Paul	Rob Stewart. emergencyservices@standrewchurch.com

● PARISH EMAILS:

If you wish to receive emails from St. Andrew Church with information about events, special announcements, important reminders etc. please send your name and email to ouroffice@standrewchurch.com. New parishioners are added to this list when they register.

● BULLETIN ANNOUNCEMENTS:

To ensure timely printing and delivery of bulletins, announcements for Sunday's bulletin must be received by 5 PM on the prior Friday (9 days before the publish Sunday. Send your announcements to standrewpdxbulletin@gmail.com